

# Aspects of Nuclear Burning & Stellar Evolution

(19)

As mentioned in the previous lecture, a number of important high energy astrophysical sources emerge from the end states of stellar evolution. A brief review of how stars evolve is therefore relevant. In particular we will review the distinction between low & high mass stellar evolution and their end states.

nuclear energy basics

atoms:  $e^-$  confined to shells surrounding nucleus

nucleus: nucleons (protons, neutrons) inner transitions similar to  $e^-$  atomic transitions.

nucleons, like  $e^-$  are fermions. Each has 2 spin states.

• nucleons are more tightly bound than  $e^-$ :

→ to ionize atoms requires  $\approx 10\text{eV}$  to  $10^4\text{eV}$

→ to unbind nuclei requires  $10^6\text{eV} \leftrightarrow 1.6 \times 10^{-6}\text{erg} \leftrightarrow 10^{10}\text{K}$

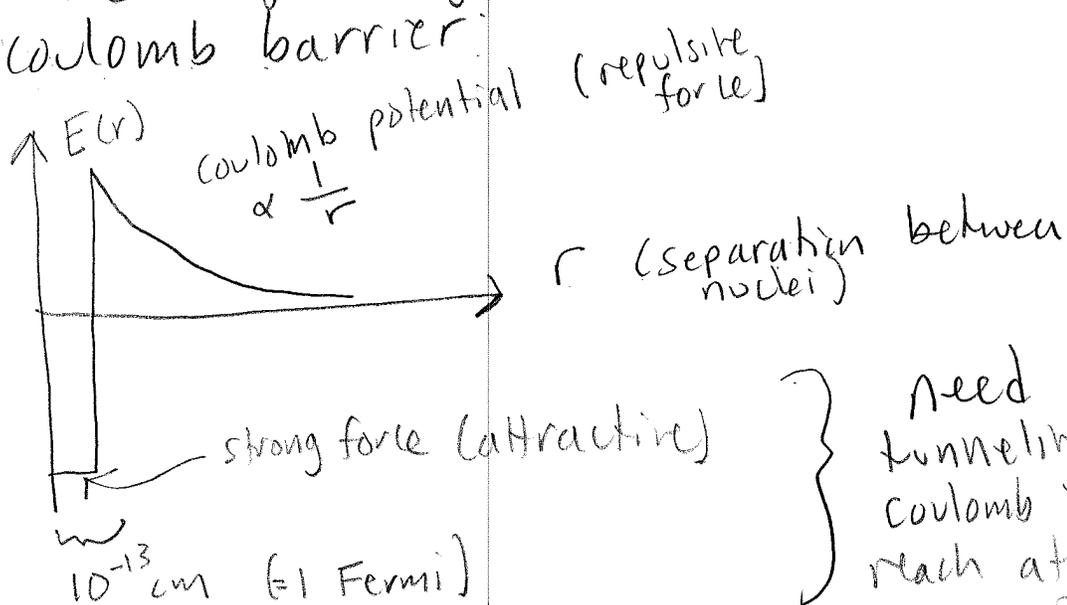
nuclei.

• even though free neutrons decay to protons with  $t_{1/2} \approx 10\text{min}$ , inside nuclei the available energy slots for the resulting protons from such decays correspond to loosely bound levels. It requires more energy to get proton into that state than energy gained by decay so bound nuclei don't easily decay.

- For stability, nucleus must have rest energy  $Mc^2$  less than the sum of rest energies of its constituent masses if they were free (20)
- (note:  ${}^5\text{Li}$  is unstable by this criterion so was puzzle to explain heavy elements in stars if  ${}^5\text{Li}$  was an intermediate stage; led to discovery of "triple  $\alpha$ " process which solved the mystery (Hoyle et al.))

how does nuclear fusion release energy?

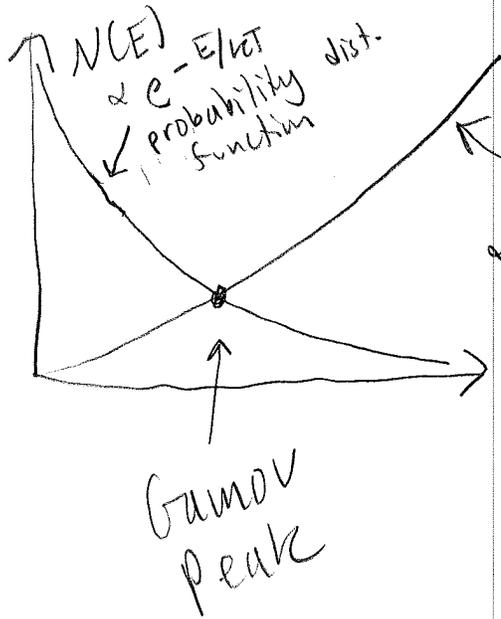
- at "low" temperatures nuclei are more stable with more binding energy
- central temperature of the sun is  $10^7\text{ K}$  which is  $10^{-3}$  times the nuclear binding energy for hydrogen
- In order to fuse, the interacting nuclei must have large enough energies to overcome their mutual Coulomb barrier.



} need quantum tunneling to overcome Coulomb barrier to reach attractive force regime.

Higher energy particles tunnel more easily but are rarer in the distribution:

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penetration probability (tunneling)

$$\propto e^{-2\pi \left(\frac{m_r}{2}\right)^{1/2} \frac{q_1 q_2}{\hbar E^{1/2}}}$$

$$m_r = \frac{m_1 m_2}{m_1 + m_2} = \text{reduced mass}$$

$q_1, q_2$  = charges of  $m_1, m_2$

$E$  = relative kinetic energy of  $m_1$  &  $m_2$

probability of particles being at relative energy  $E$  is  $N(E)$  which decreases with  $E$ , whereas penetration probability increases with  $E \Rightarrow$  existence of Gamov peak.

Fusion probability from tunneling is then:

$$\propto \int_0^{\infty} e^{-E/kT - 2\pi \left(\frac{m_r}{2}\right)^{1/2} \frac{q_1 q_2}{\hbar E^{1/2}}} dE$$

Maximum occurs where exponent is maximized:

$$Q(E) = -\frac{E}{kT} - 2\pi \left(\frac{m_r}{2}\right)^{1/2} \frac{q_1 q_2}{\hbar E^{1/2}}$$

$$\frac{dQ}{dE} = 0 \quad \text{where} \quad E = E_0 = \left[ \left(\frac{m_r}{2}\right)^{1/2} \pi \frac{q_1 q_2 kT}{\hbar} \right]^{2/3} \quad (1)$$

$$\text{for hydrogen} = \left[ \left(\frac{m_p}{4}\right)^{1/2} \frac{\pi e^2 kT}{\hbar} \right]^{2/3}$$



Now for increasing  $T$ , the  $N(E)$  curve flattens and the Gamow peak moves up.

(22)

Thus we can estimate a characteristic  $T$  above which a significant fraction of nuclei participate in fusion by setting  $E = kT$  in (1). This gives  $T_{\text{char}} \approx 10^6 \text{ K}$ .

### Minimum mass of a star

Given a minimum  $T$  above which star can support gravity via fusion, we can get a minimum mass of a star. We demand that separation between particles is larger than the electron De Broglie wavelength because otherwise electron degeneracy pressure limits further compression, whereas systems undergoing "steady fusion" are compressing & releasing heat.

This condition is:

$$R = \left(\frac{M\rho}{\bar{\rho}}\right)^{1/3} \geq \lambda_e = \frac{h}{\Delta p} \approx \frac{h}{(2m_e kT)^{1/2}} \quad (2)$$

where we assume a uniform density sphere

$$\text{and } \bar{\rho} = \frac{M}{\frac{4}{3}\pi R^3} \quad (2a)$$



From the virial theorem, which states that in equilibrium between gravity and internal energy (23)

$$2\dot{K} + U = 0 \quad (3)$$

↑ internal kinetic energy  
 ↓ grav potential energy  
 ↓ Grav pot of unit density sphere

$$2 \left| \frac{\frac{3}{2} k \bar{T} M}{M m_p} \right| = \left| \frac{3}{5} \frac{GM^2}{R} \right| \quad (4)$$

$(M m_p \equiv \frac{n m_p + m_e n_e}{n + n_e} = \text{mass per free particle})$   
 $n \equiv n_p + n_n = \text{number density of nuclei}$

Solving (4)  $\Rightarrow$

$$\bar{T} = \frac{1}{5} \frac{GM m_p}{R}$$

(5)

Using (5) and (2a) in (2)  $\Rightarrow$

$$\left( \frac{4}{3} \pi R^3 m_p \right)^{1/3} > \frac{\hbar}{(2 m_e k)^{1/2}} \left( \frac{5 R}{GM m_p} \right)^{1/2}$$

$$\Rightarrow \left( \frac{M}{M_\odot} \right)^{1/6} > \left( \frac{R_0}{R} \right)^{1/2} \frac{0.17}{M^{1/2}} \quad (6)$$

$(M_\odot \equiv 2 \times 10^{33} \text{g})$   
 $R_\odot = 7 \times 10^{10} \text{cm}$

minimum mass star  $\rightarrow$  can eliminate R for T:  $\rightarrow$

Using (5) in (6) =>

$$\left(\frac{M}{M_{\odot}}\right)^{1/6} \geq \left(\frac{5FKR_{\odot}}{6M_{\odot} \mu m_p}\right)^{1/2} \left(\frac{0.11}{M^{1/2}}\right)$$

$$\Rightarrow M \geq 0.06 \cdot \left(\frac{T}{10^6 K}\right)^{3/4} \left(\frac{0.5}{\mu}\right)^{3/2} M_{\odot}$$

↑  
temperature  
derived for  
fusion

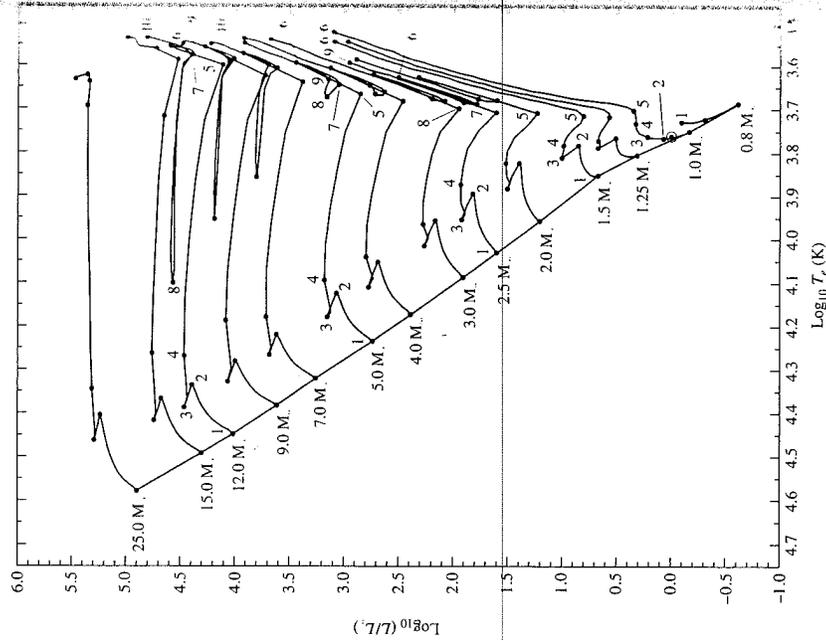
↑  
for Hydrogen plasma

Objects below this mass are planets or Brown dwarfs, no fusion.

Thus, end states we will study require initial masses larger than this. (and, actually > 0.5 M<sub>⊙</sub> to evolve during age of universe!)

Next we review basic evolution of low mass and high mass stars.

Note that the end states of low mass stars (M ≤ 8 M<sub>⊙</sub>) turn into planetary nebulae with white dwarf cores whereas M ≥ 8 M<sub>⊙</sub> evolve into supernovae with neutron star or black hole cores.



**FIGURE 13.1** Main-sequence and post-main-sequence evolutionary tracks of stars with solar composition of  $X = 0.68$ ,  $Y = 0.30$ , and  $Z = 0.02$ . The location of the present-day Sun (see Fig. 13.1) is depicted by the solar symbol (⊙) between points 1 and 2 on the  $1 M_{\odot}$  track. The elapsed lifetime points indicated on the diagram are given in Table 13.1. To enhance readability, only the present-day evolutionary tracks for  $0.8, 1.0, 1.5, 2.5, 5.0$ , and  $12.0 M_{\odot}$  are labeled. The model calculations include mass loss and convective overshooting. The diagonal line connecting the locus of points 1 is the zero-age main sequence. For complete, and annotated, evolutionary tracks of  $1 M_{\odot}$  stars, see Figs. 13.4 and 13.5, respectively. (Data from Schaller et al., *Astron. Astrophys. Suppl.*, 96, 269, 1992.)

**TABLE 13.1** The elapsed times since reaching the zero-age main sequence to the indicated points in Fig. 13.1, measured in millions of years (Myr). (Data from Schaller et al., *Astron. Astrophys. Suppl.*, 96, 269, 1992.)

| Initial Mass ( $M_{\odot}$ ) | 1       | 2       | 3       | 4       | 5       |
|------------------------------|---------|---------|---------|---------|---------|
| 25                           | 0       | 6.33044 | 6.40774 | 6.41337 | 6.43767 |
|                              | 6.51783 | 7.04971 | 7.0591  |         |         |
| 15                           | 0       | 11.4099 | 11.5842 | 11.5986 | 11.6118 |
|                              | 11.6135 | 11.6991 | 12.7554 |         |         |
| 12                           | 0       | 15.7149 | 16.0176 | 16.0337 | 16.0555 |
|                              | 16.1150 | 16.4230 | 16.7120 | 17.5847 | 17.6749 |
| 9                            | 0       | 25.9376 | 26.3886 | 26.4198 | 26.4580 |
|                              | 26.5019 | 27.6446 | 28.1330 | 28.9618 | 29.2294 |
| 7                            | 0       | 42.4607 | 43.1880 | 43.2291 | 43.3388 |
|                              | 43.4304 | 45.3175 | 46.1810 | 47.9727 | 48.3916 |
| 5                            | 0       | 92.9357 | 94.4591 | 94.5735 | 94.9218 |
|                              | 95.2108 | 99.3835 | 100.888 | 107.208 | 108.454 |
| 4                            | 0       | 162.043 | 164.734 | 164.916 | 165.701 |
|                              | 166.362 | 172.38  | 185.435 | 192.198 | 194.284 |
| 3                            | 0       | 346.240 | 352.503 | 352.792 | 355.018 |
|                              | 357.310 | 366.880 | 420.502 | 440.536 |         |
| 2.5                          | 0       | 574.337 | 584.916 | 586.165 | 589.786 |
|                              | 595.476 | 607.356 | 710.235 | 757.056 |         |
| 2                            | 0       | 1094.08 | 1115.94 | 1117.74 | 1129.12 |
|                              | 1148.10 | 1160.96 | 1379.94 | 1411.25 |         |
| 1.5                          | 0       | 2632.52 | 2690.39 | 2699.52 | 2756.73 |
|                              | 2910.76 |         |         |         |         |
| 1.25                         | 0       | 4703.20 | 4910.11 | 4933.83 | 5114.83 |
|                              | 5588.92 |         |         |         |         |
| 1                            | 0       | 7048.40 | 9844.57 | 11386.0 | 11635.8 |
|                              | 12269.8 |         |         |         |         |
| 0.8                          | 0       | 18828.9 | 25027.9 |         |         |

## Low Mass Stars evolution off of the main sequence

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- Consider e.g. Sun

- After H is burned in the core

Star collapses gravitationally

- as core contracts, it heats up

- hydrogen now begins to burn from larger radii, resupplying fuel

- He core (the product of H burning) is produced

- gravitational contraction leads to faster H burning, (more compact core  $\Rightarrow$  higher temp & pressure required to balance gravity)

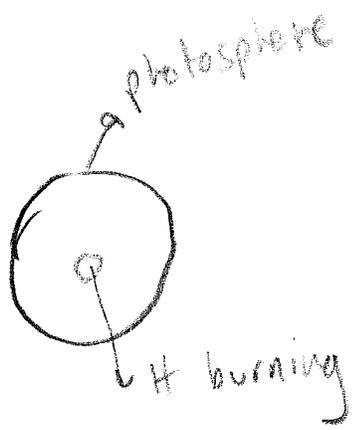
- But photons released are limited in radiative zone by photon diffusion

- Intermediate layers heat up,  $\Rightarrow$  expansion

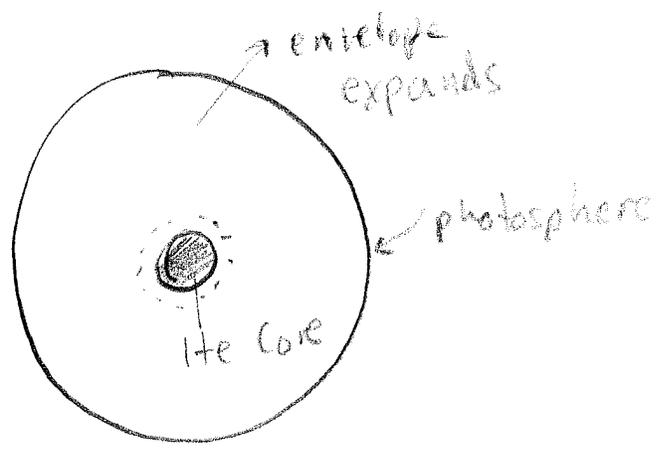
$\Rightarrow$  increase in R at constant L

$$L \approx 4\pi R^2 \sigma T_e \Rightarrow T_e \text{ decreases}$$

$\rightarrow$  red subgiant horizontal motion on H-R diag

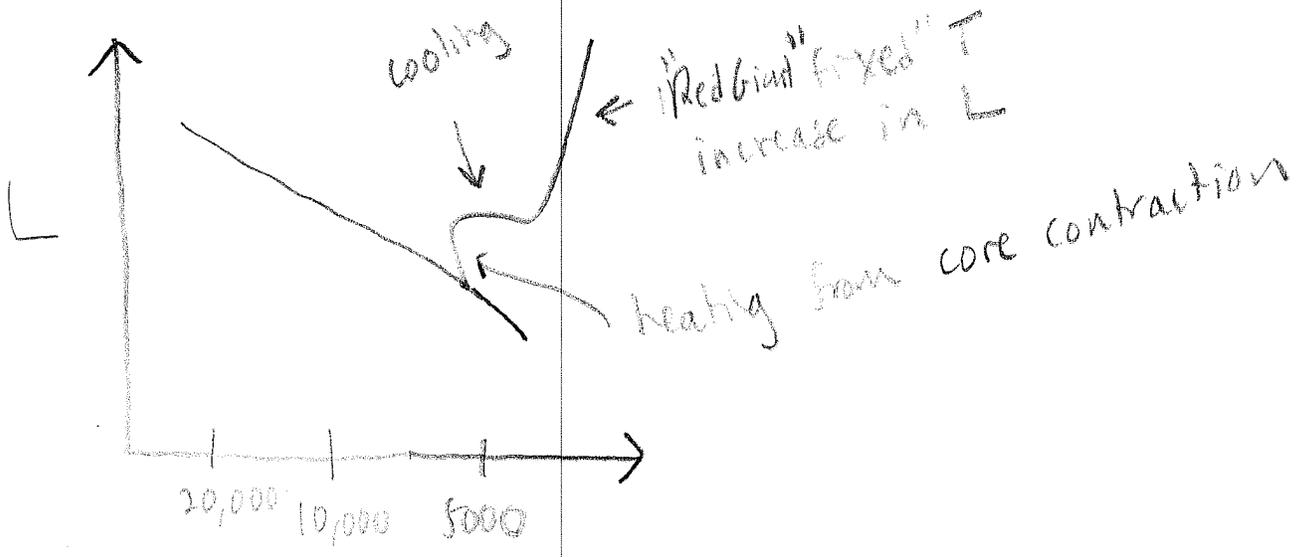


(1)



(2)

- as star expands,  $T$  cannot fall arbitrarily low because opacity is sensitive to  $T$
- leads to minimum temperature  $T_c$
- leads to convective instability and upward path on H-R diagram (Red Giant Branch)



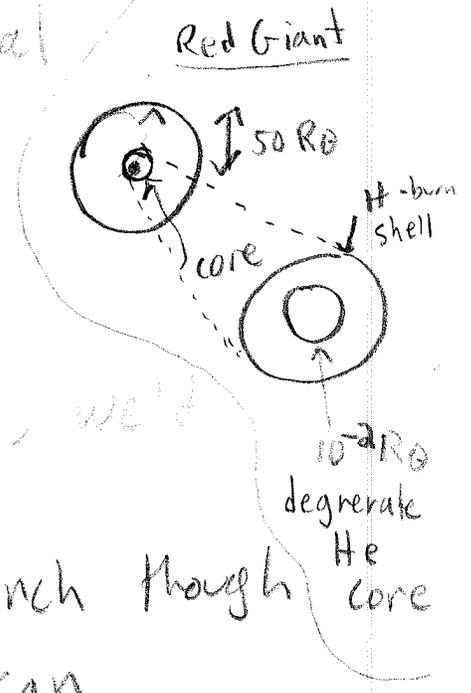
• during envelope expansion on Red Giant branch  
=> red giant, collectively unstable

• the core continues to contract

• electrons become "degenerate";  
high density -> dominant pressure  
from  $e^-$  is quantum mechanical  
No more fusion in core.  
More on WD later!

• thus if we could peel off  
outer layers of Red Giant, we'd  
see He white dwarf

• at top of red giant branch though  
 $T \rightarrow 10^8 K$  in core, He can  
burn



• But when degeneracy is dominant, pressure source,  
burning is different than for non-degenerate  
conditions

-> non degenerate: increase  $T \Rightarrow$  increase  $P \Rightarrow$  decrease  $T$   
(by expansion)

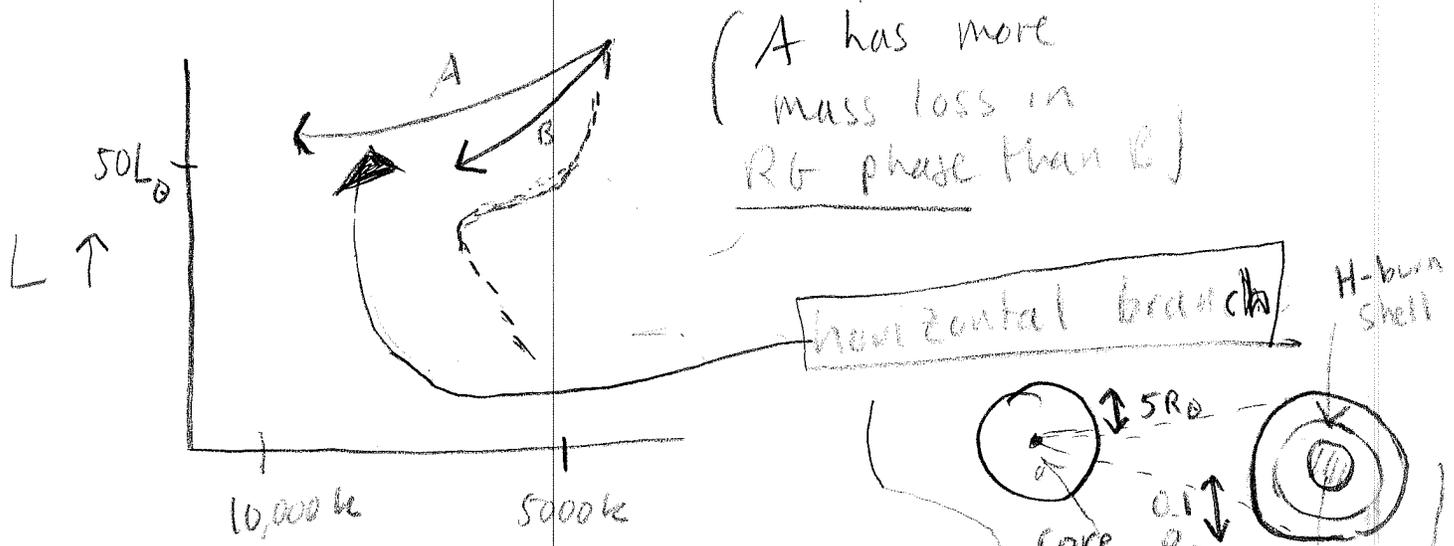
-> degenerate: increase  $T \Rightarrow$  increase  $P =$  INCREASE  $T$   
(since no expansion)

=> runaway flash!

(this occurs because, under degenerate conditions,  
pressure is not due to thermal motions so expansion  
does not accompany temperature increase!)

(Schwarzschild & Harm showed explicitly)

- the "flash" removes the degeneracy
- Normal thermal pressure then dominates & core expands
- star has He burning core and H burning in shell, but H burning is weakened such that it produces less Luminosity because star is distended by He burning - Mass is also lost.
- star shrinks & gets dimmer



→ distended red giant loses mass as gravity is weak at large R. Hard to predict how much, but more mass loss ⇒ higher average temp at same L (see figure above and compare A & B cases)

# Asymptotic Giant Branch

• after He core is burned out into C & O

core contracts → overlying layers

burn He, and layers above that burn H

"double shell burning"

• core contracts, burning increases

→ expansion as before

⇒ double shell burning Giant

= "asymptotic giant branch" phase (AGB)

• eventually core again becomes degenerate

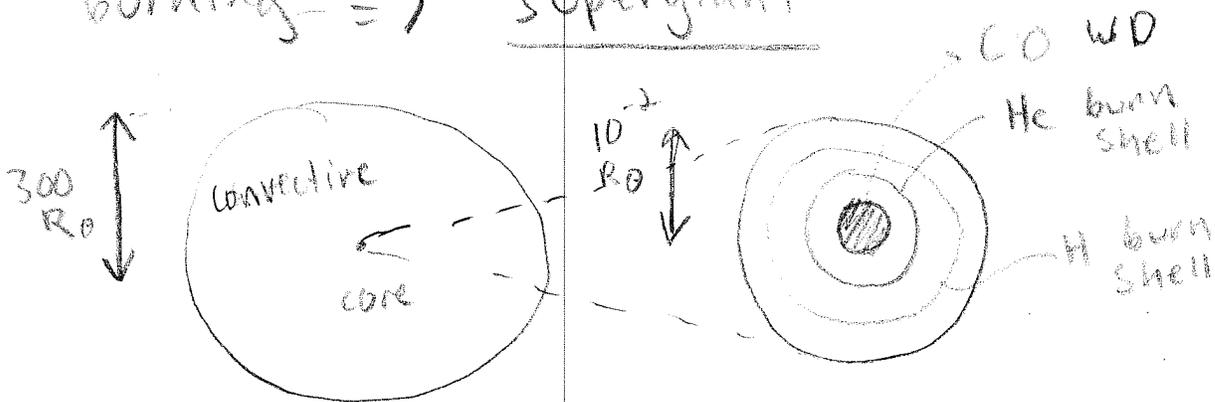
• core ⇒ Carbon Oxygen White Dwarf

More mass ⇒ smaller radius WD

(more later!)

gravity is large, high amount of shell

burning ⇒ supergiant



- Thermal relaxation runaway / oscillations occur : shells burn and are spatially thin, though shell tries to expand it is too weak
- overlying material provides more fuel and shell cannot expand to cool, so Temp increases & runs away
- (Period between pulses:  $\approx 10^5 \left(\frac{M}{M_{\odot}}\right)^{-2} \text{ yr}$ )

Afterwards, convection takes away excess heat.

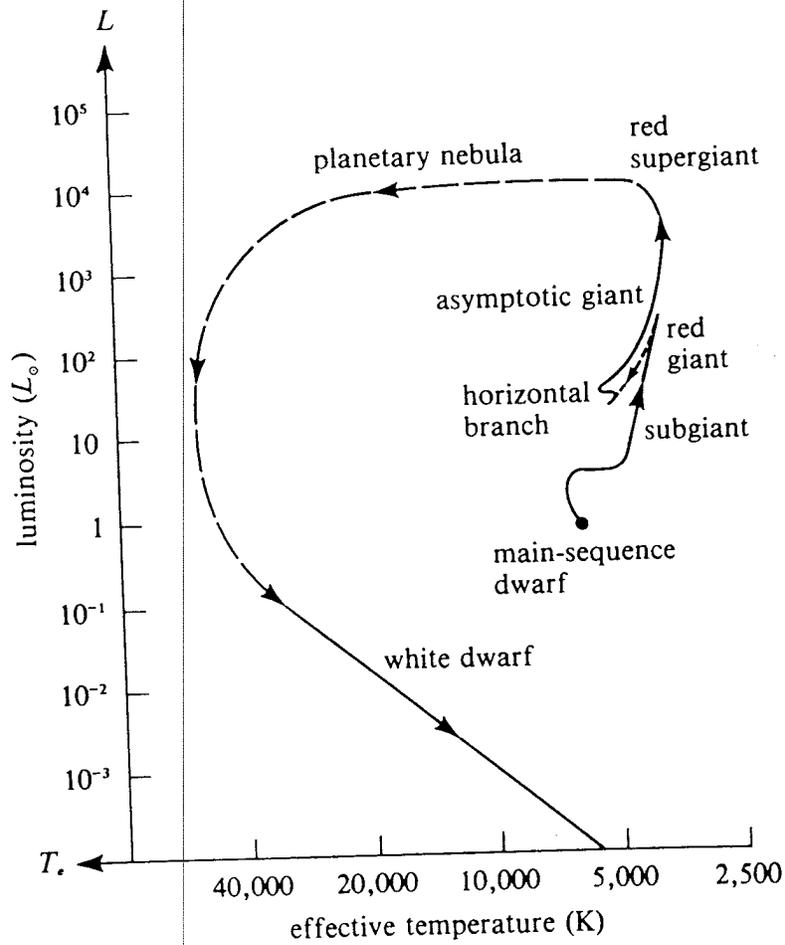
$\Rightarrow$  relaxation oscillations as star

tries to return back to double shell burning state between thermal pulses

- Mass loss may also occur on AGB branch, likely radiation driven, aided by dust (possibly B-fields)
- for  $M_{\text{initially}} < 6 M_{\odot}$ , 80% of mass can be lost (observed), eventually  $\Rightarrow$  PNe and Carbon Oxygen WD

$\uparrow$   
planetary nebulae

# low mass Stellar evolution $M < 8 M_{\odot}$



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write it in the form

$$m - M = 5 \log r - 5 + A + K, \quad (1.21)$$

where  $K$  is called the  $K$  correction. The actual form of this correction depends on the shape of the spectrum of the object.

### 1.4 Overview of Stellar Evolution

We next overview the key features of stellar evolution that will be elaborated on in Chaps. 3-7. Figure 1.2 summarises the entire evolutionary sequence of a

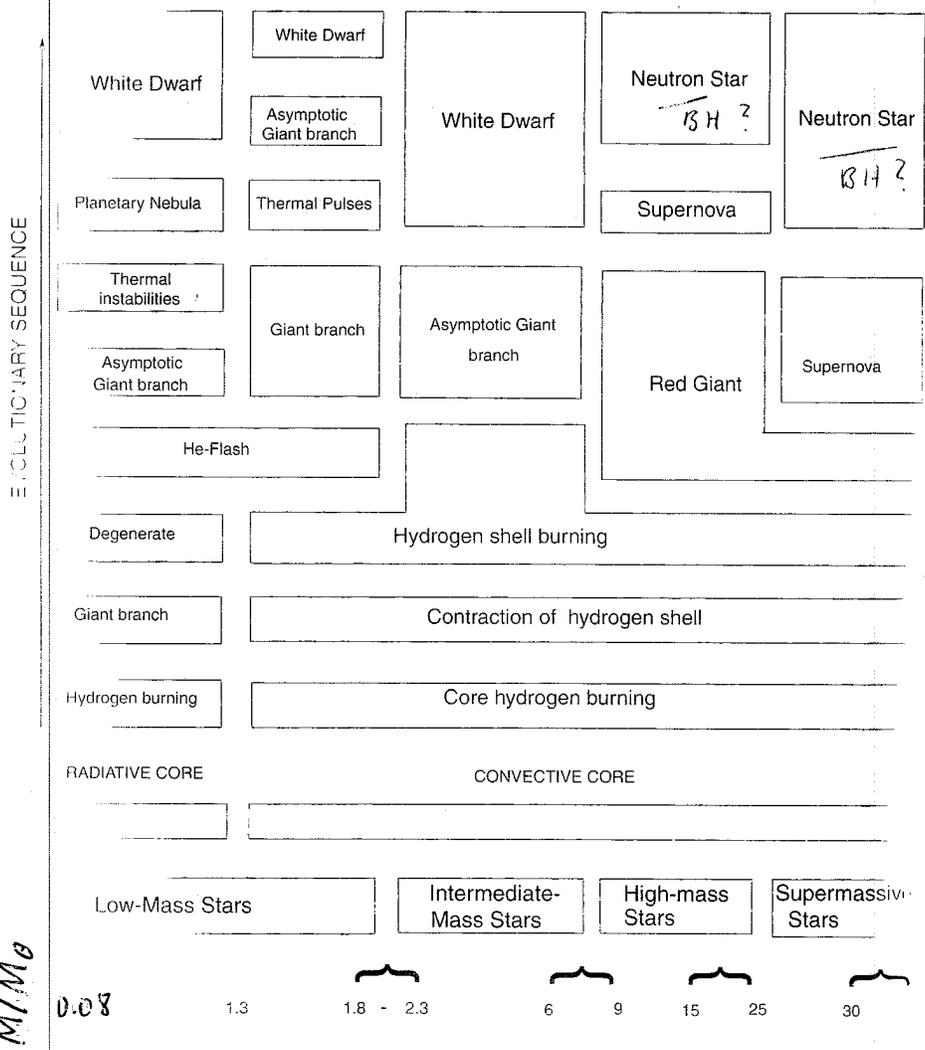


Fig. 1.2. Summary of stellar evolution; see text for discussion.